



**CPTBC**  
College of Physical Therapists  
of British Columbia

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## CPTBC Connects – December 2018

### Welcome to the December Issue of CPTBC Connects!

This e-newsletter will keep you up-to-date with news about the College, Board and Committee activities, important dates to remember, tips and resources for your physical therapy practice and more! Look for CPTBC Connects in your inbox every other month.

Follow the news links to our [website](#), [Facebook](#) and [Twitter](#) pages for more details about the College and upcoming events.

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### Happy Holidays From Us to You!

The staff at the College wishes you peace, joy and prosperity throughout the coming year. We look forward to working with you in 2019.

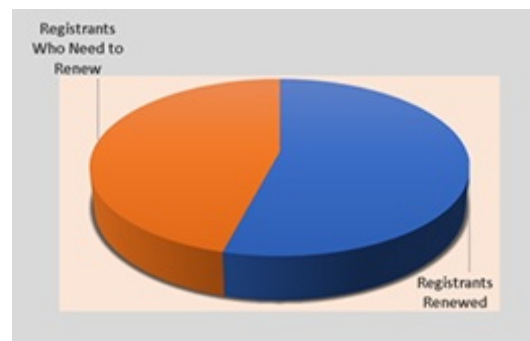


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### Registration Renewal

Only two more weeks left for registration renewal!

Registrants are reminded that in accordance with the new bylaws, renewal must be completed (submitted, approved and paid) by **11:59 p.m. Pacific Time on December 31** or registration will be cancelled. The list of cancelled registrants will be available via the News Highlights section of the College website the first week of January.



There is no longer a grace period, which means that registrants who have been cancelled will need to apply for reinstatement. Reinstatement is not immediate, so registrants are strongly urged to renew in a timely manner to avoid unnecessary delays.

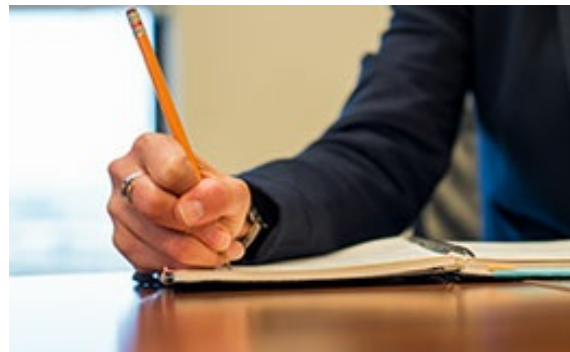
Registrants who have been identified to complete the **Annual Self Report (ASR)** and **5 Year Criminal Record Re-Check (CRC)** must complete those components prior to finalizing renewal.

Visit the CPTBC website for [more on registration renewal](#).

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## Election 2019

Do you know someone who would make a strong addition to the CPTBC Board? The call for nominations happens in February 2019. Two elected Board positions are available for a three-year term.



Building a great Board is more than filling a seat. It's about finding physical therapists with the skills and perspectives that align with the College's vision, goals and objectives. It's about building a Board that has a blend of expertise, diverse perspectives and spheres of influence. And, it's about finding individuals who have the interests of the public first and foremost.

The Board has developed a [competencies document](#) (PDF) to describe the requirements of the positions.

It's time to think about running or approaching a colleague who may be interested in running for election. Look for more info in our February issue of CPTBC Connects.

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## When to Notify Your Malpractice Insurer

When a challenging patient interaction or an undesirable patient outcome occurs, physical therapists often contact the College asking about how to proceed. In the short term, once patient safety is assured, it's important to document in the clinical record the details of the interaction or patient outcome, the steps you took to resolve the scenario, and any advice offered to the patient.



Also consider whether you should notify your malpractice insurer of the issue. If you think it could be a potential malpractice claim, most insurers request that you notify them as soon as possible and some may require notification. When in doubt call your insurer to be sure.

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## Risks of Texting Patient Information Within the Health Care Team

Texting patient information is increasingly common to communicate patient referrals or critical patient information to other health care team members. In some cases, texts include patients' names, personal health numbers and diagnoses, along with test results and even photos. Texting patient information amongst health care providers requires special consideration to ensure that physical therapists meet College Standards on [Privacy/Confidentiality](#) and [Documentation and Record-Keeping](#).



[View on cptbc.org »](#)

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## CPTBC Webinar Series

We invite you to [register for our next webinar](#) presented by physical therapist Steve Young. He will review the evidence supporting the use of therapeutic alliance and simple things that clinicians can do

daily to improve their patient encounters.



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## Board Meeting Highlights

The Board of Directors met on November 24, 2018. Highlights include:

- A Board member transition schedule was approved to align positions and terms of office with the 2018 bylaws. Two positions will be available for election in 2019. Notice of election will be posted on February 15, elections open April 15, and election day is May 24.
- Dr. Glenn Regehr and Mr. Gerald Crawford were appointed to the Quality Assurance Committee as public members.
- Rebecca Parker was appointed as a registrant member to the Discipline Committee.
- A new Board governance manual was approved for implementation.



The next Board meeting will be held on February 9, 2019.

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## Quality Assurance

### 2018 Annual Self Report

The 2018 ASR re-opened on December 10 and ran until December 16. If you were scheduled to complete the ASR and have not done so, you will not be able to renew your registration. Please contact Chris Smerdon at [csmerdon@cptbc.org](mailto:csmerdon@cptbc.org) to discuss your options.



### 2018 Registrant Competence Assessment

The RCA Board of Examiners met on December 15 to review the results for the more than 500 registrants who were able to complete the RCA. Feedback to individuals will be provided in early January. Those who were unable to complete the exam were offered the opportunity to write it on a voluntary basis until December 10.

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## Case Study: How to Report Allegations of Sexual Misconduct

There may come a time when a patient discloses to you that they have been the victim of sexual misconduct by another regulated health care practitioner. In such instances, you have a duty to report the allegations to the other practitioners' college, provided you have obtained the patient's consent. This duty is set out in [Section 32.4 of the Health Professions Act](#) and is demonstrated in a case study posted on the CPTBC website (PDF).



[View on cptbc.org »](#)

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## Acupuncture Case Study

The College of Physiotherapists of Ontario's case of the month featured "[When Acupuncture Goes Very, Very Wrong](#)" and includes a summary, the standards considered and the outcome. As there are differences between our province and Ontario, it's worthwhile to review our practice standards (PDF) on [consent](#), [supervision](#) and [documentation and record keeping](#). The case study also makes reference to the [NPAG Competency Profile for Physiotherapists in Canada \(2017\)](#) (PDF).



## UBC Updates

## Collaborative Peer Learning: When Two is Better Than One

“Thank you for taking one student. Won’t you consider taking two?” the UBC Clinical Education Team asks. Your first thought might be: “You’ve got to be kidding! One is enough work!” Well, the literature suggests that one student is more work than two and the student’s learning experience is enhanced when placed with another student.



[View on cptbc.org »](http://cptbc.org)

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## UBC’s Proposed Graduate Certificate in Primary Health Care

Did you know the provincial government recently mandated the Minister of Health to prioritize the provision of team-based primary care to be delivered by formalized, collaborative, interprofessional teams?

In support of this initiative, UBC is proposing the development of a Graduate Certificate in Primary Health Care aimed at healthcare professionals who are in or considering healthcare leadership positions in primary health care, and those wishing to be effective health care providers on an interprofessional primary health care team.

Since you are a member of a profession that has extensive experience in providing primary health care, UBC would appreciate your feedback on their proposal experience in this area. They have developed a [short survey to collect your responses](#). Please take a few minutes to complete the survey by **December 20**. Thank you in advance for providing your feedback and suggestions.

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## Survey on Treating People with



## Knee Osteoarthritis

Brenda Tittlemier from the University of Manitoba is [conducting a survey asking physical therapists about treating people with knee osteoarthritis](#) (OA). Her goal is to determine the self-reported state of physiotherapy clinical practice in Canada offered to people with knee OA. As well, this study will investigate beliefs about non-pharmacological clinical practice guidelines for people with knee OA. For more info contact Brenda Tittlemier, BMR(PT), MSc Candidate at [umtittle@myumanitoba.ca](mailto:umtittle@myumanitoba.ca) or Sandra Webber, PhD, MSc, BMR(PT) at [sandra.webber@umanitoba.ca](mailto:sandra.webber@umanitoba.ca).

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