

# Update CPTBC

SPRING 2010 • VOLUME 11 ISSUE 1

## NOTICE OF MEETINGS

### PHYSIOTHERAPY PRACTICE FORUM

and

Annual General Meetings

Co-hosted by

The College of Physical Therapists of British Columbia  
and

The Physiotherapy Association of British Columbia

Saturday, April 17, 2010, Plaza 500 Hotel

500 West 12th Avenue (at Cambie), Vancouver, BC

7:45 - 10:45	Registration, Trade Show, Breakfast (to 9am)
8:00 - 9:00	<b>Education Session:</b> Pain, Neil Pearson
9:00 - 10:15	PABC Annual General Meeting and Awards Presentation
10:15 - 10:45	Coffee break and Trade Show
10:45 - 11:45	CPTBC Annual General Meeting
11:45 - 1:00	Buffet lunch and Trade Show Clinical and Scientific Posters on Display
1:00 - 2:30	<b>Education Session:</b> Tips for Managing Your Challenging Patients  <b>Part 1:</b> How to start when you can't get to Yes: Getting consent from the cognitively impaired, and patients who'd rather stay in bed, Martha Donnelly, MD, CCFP RCPSC, UBC Family Practice and Psychiatry <b>Part 2:</b> How to stop when you can't get to No: The right way to discharge, Derek Mah, LLB, BScPT, Murphy Battista Lawyers
2:30 - 3:00	Coffee break and prizes
3:00 - 4:00	<b>Education Session:</b> CPTBC Quality Assurance Program
4:00 - 4:30	PABC Practice updates - Private and Public initiatives
4:30 - 5:30	<b>Education Session:</b> Contraindications and risks for Electrophysical Agents, Alison Hoens
5:30 - 6:30	<b>Education Session:</b> Clinical and Scientific Poster Presentations Wine/cheese reception

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INSERT:  
Advisory Statement No. 7

## NEW ADVISORY STATEMENT

Included as an insert with this newsletter is Advisory Statement No. 7 – Reporting Abuse, which takes effect on April 1st, 2010. NOTE: This Advisory Statement replaces the June 1997 Advisory Statement No. 8 – Client Disclosure. **On April 1st, 2010 please destroy Advisory Statement No. 8 – Client Disclosure (1997) and replace it with Advisory Statement No. 7 – Reporting Abuse (2010).**

To review the current College Advisory Statements please see the College website:  
<http://cptbc.org/advisorstements.asp>

## QUALITY ASSURANCE PROGRAM

Please join us for the latest update on the Quality Assurance Program during our Annual General Meeting on April 17, 2010.

The program framework and the committee members were first introduced at the 2008 College Annual General Meeting, when registrants were invited to volunteer in the development of the program.

This year the Quality Assurance Committee will be presenting a one-hour educational session that will provide you with the opportunity to learn more about the program and try sample questions that have been developed for both the Annual Self Report and the Registrant Competency Assessment, two components of the program.

The session will be held from 3:00-4:00 pm. Please register for the session using the AGM registration form that will be mailed to you with the annual meeting materials.

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In 2010, the College will be hosting education/information sessions on the Quality Assurance Program across the province. Some of these sessions will be organized in conjunction with PABC regional meetings. All College registrants are invited to attend. Locations and times will be posted on the College website [www.cptbc.org](http://www.cptbc.org) as they are scheduled.

Updated information on the Quality Assurance Program can be found on the College website at [www.cptbc.org](http://www.cptbc.org)

### Interested in volunteering?

The Annual Self Report is the first component of the Quality Assurance Program. This component of the program will be piloted during the months of April and May 2010. The College is seeking physical therapists interested in volunteering to take part in this pilot. It is estimated that the total time commitment will be between 3 to 5 hours.

To sign up to participate in the pilot or for additional information, please email the Practice Advisor, Susan Paul at [susan\\_paul@cptbc.org](mailto:susan_paul@cptbc.org)

## COMINGS AND GOINGS

We are pleased to announce that **Dolores Connolly** has joined the College as the new administrative assistant supporting the Board, Legislative and Finance Committees. Before joining us Dolores was employed as a secretary for the Cardiac Rehabilitation Department in Naas General Hospital, Ireland. Dolores's skills will contribute greatly to our organization. Dolores can be reached by email at [dolores\\_connolly@cptbc.org](mailto:dolores_connolly@cptbc.org) or 604 730 9193.

## INCORPORATION REPORT

Your current physical therapist corporation permit expires on March 31, 2010. You will receive a renewal notice and corporation renewal form from the College within the next few weeks. Please confirm that the information on the renewal form is current. If not, please update the information, **sign** and return it to the College along with the \$50.00 renewal fee by March 31, 2010.

If you prefer to receive an electronic copy, please contact the office at 604 730 9193 or email [dolores\\_connolly@cptbc.org](mailto:dolores_connolly@cptbc.org) and we will send it to you by email.

**REGISTRATION****REGISTRATION REPORT****Renewals Report - 2009****Full Registrants Cancelled for Non-payment  
of Dues – 2009**

<b>Name</b>	<b>Registration Number</b>
CAUSTON, Anthony	06454
CERVANTES, Bryan	05246
CHAN, Ci Hung	04751
CHEN, Audrey	06893
DAMINI, Aaron	04098
D'MELLO, Natasha	06638
ERDMAN, Maria	03580
EUSTACE, Catherine	01226
FRANK, Maureen	00968
FRANSBLOW, Liane	06562
FRASER, Fairlie	06295
GWYNN-BRETT, Kathryn	04474
HEILBRUNN, A.J. Jonathan	04175
HEPPNER, Kyle Sheldon	06353
HIDLEBAUGH, Rodney	04992
KAIPPALII RAGHUNATHA, Manish	07056
MATTMAN, Brenda	03644
MATTISON, Ronald	01336
MULVEY, Joanna	06632
NG, Pui Ying	04951
O'LEARY, Stephanie	06462
PENNINGA, J.	05012
PETRUS, Chris	05221
RODRIGUES, Davis	04726
SEDLOCK, Shevaun	01528
SHARIFNEJAD, Maryam	05219
SPOTSWOOD, Robert	06466
TRECARTIN, Andrew	06908
TSE, Karman	06888
VANDERKUIP, Nathanae	04344
WADE, Brett	03835
WEBB, Catherine	06488
WEHNER, Ursula	04643
WOLOSHYN, Jared	06891

**Inactive Registrants Cancelled for Non-payment  
of Dues – 2009**

<b>Name</b>	<b>Registration Number</b>
BREWSTER-MELLETT, Denize	00959
CHOUINARD DONALDSON, Nicole	04058
DIMMICK, Kevin	04278
REINERINK, Mariska	02837
SPAT, Edward	06864
WANG, Amy	04576

**Full Registrants Reinstated– 2010**

<b>Name</b>	<b>Registration Number</b>	<b>Effective Date</b>
HEILBRUNN, A.J. Jonathan	04175	February 2, 2010
MATTISON, Ronald	01336	February 2, 2010
EUSTACE, Catherine	01226	February 3, 2010
VANDERKUIP, Nathanael	04344	February 3, 2010
WADE, Brett	03835	February 3, 2010
DAMINI, Aaron	04098	February 4, 2010
FRASER, Fairlie	06295	February 4, 2010
PETRUS, Chris	05221	February 4, 2010
CERVANTES, Bryan	05246	February 5, 2010
SEDLOCK, Shevaun	01528	February 5, 2010
RODRIGUES, Davis	04726	February 9, 2010
CHAN, Chi Hung (reinstated as inactive registrant)	04751	February 22, 2010
NG, Pui Ying (reinstated as inactive registrant)	04951	February 22, 2010

**Inactive Registrants Reinstated– 2010**

<b>Name</b>	<b>Registration Number</b>	<b>Effective Date</b>
CHOUINARD DONALDSON, Nicole	04058	February 25, 2010

**Registrants Cancelled in Good Standing – 2009**

<b>Name</b>	<b>Registration Number</b>
BLOCK, Laurie	05249
CHACKO, Joseph	06686
CORCORAN, Kristy	06634
DEVRIES, Marilyn	06216
DU PLESSIS, Emile	06645
GAUTHIER, Frederique	06608
HARDING, Donna	00241
HLIBKA, David	06498
KEATING, Stephen	06753
LEHENBAUER, Andrea	05294
MAUDIE, Bob	05265
PAYNE, Dawn	03894
PETERSON, Rosanne	00890
RAMSAY, Sheila	02556
REGAN, Lisa	06496
RICHARD, Michelle	06023
SETHI, Pooja	06034
SHUYA, Daysha	07001
SIROIS, Genevieve	05069
SULLIVAN COMPTON, Diana	06601
WEBBER, Mary-Jane	01401
ZELINKA, Andrea	06499

### Registrants Retired – 2009

Name	Registration Number	Name	Registration Number
BLACK, M. Christine	00047	HANSELL, Jane	00736
BROWN, Donna	00066	LO, Charles	03657
CASU, Catherine	01079	LORD, Therese	01333
CHEW-LEE, Benson	00101	MANNELL, Sheila	00374
COATES, Monika	00110	MASUR, Janice	00384
CORRIN, Nancy	00723	MORGAN, D Kathleen	01277
DALZELL, Valerie	00998	MURPHY, Dianne	04211
DAVIES, Branwen	00717	STOREY, Virginia	03241
DAWLINGS, Carolyn	01227	VANDERBECK, Patricia	02476
FINDLAY-SHIRRAS, Elizabeth	02474	WILLS, Elizabeth	00675

## PT CLINICAL PLACEMENTS

### HAVE YOU BEEN APPROACHED BY OUT-OF-PROVINCE OR INTERNATIONAL STUDENTS LOOKING FOR AN EDUCATIONAL EXPERIENCE IN BC?

#### If so, please contact the Academic Coordinator for Clinical Education at UBC!

We strongly encourage all clinicians who would like to provide a learning experience for a student to do so, however it is very important that all placements in BC (including those for out of province or international students) are coordinated through the Department of Physical Therapy at UBC. This is to ensure that a) all legal requirements for the learning experience are in place, b) that students coming to you have an appropriate academic standard for practice in Canada and c) that we do not disadvantage our own UBC students by filling available BC placement opportunities with students from other programs.

For example:

1. All students practicing in BC must be registered with the College and provide proof of liability insurance. Once the placement is approved by UBC the Academic Coordinator will provide the student with a CPTBC student application package which must be completed, forwarded to, and approved by the College before the clinical placement may begin. Without CPTBC registration, the student is practicing illegally.
2. Academic standards and programs vary widely throughout the world. International students may not be of the standard you expect or may be at a different stage of their education than you anticipated. UBC will assess the academic achievement of the student to ensure that they meet the standards for practice in Canada.
3. There is an agreement between all Physical Therapy programs in Canada as to how out-of-province placements are handled. Physical Therapy programs place students from their own province first and then students from other Canadian programs, before offering placements internationally. This is to protect the rights of Canadian students to access Canadian placements. **UBC students have the right to expect that quality fieldwork opportunities in BC will be available to them within the province.** With expanded enrollment the need for placements in BC is very high and offering placements to students from other programs disadvantages our own students (who are more likely to stay and work in the province after graduation). In addition, **some international programs request lengthy clinical experiences which block several placements for BC students** (e.g.: some international students complete up to 15 weeks of clinical placement in one location which effectively removes three potential 5 week placement periods for UBC students).

If you are directly approached by a PT student from another Canadian program requesting a placement, the student should be directed back to their home program and to their Academic Coordinator of Clinical Education who will formally request a placement in BC through the UBC system. If you are approached by an International student, please refer them to the Academic Coordinator of Clinical Education at UBC, Sue Murphy.

If you are not currently involved in [Clinical Fieldwork Education](#), and would like more information about the process, please contact Sue Murphy at UBC: [sue.murphy@ubc.ca](mailto:sue.murphy@ubc.ca) (or 604-822-7413). We would love to hear from you!

## PATIENT RELATIONS CORNER

### Domestic Abuse – what are the warning signs and when should suspected abuse be reported?

A woman visited a physiotherapy clinic with a sprained ankle. She says she fell when going down stairs. A large bruise is observed on the side of her mouth. She was in the clinic previously and presented with a shoulder injury after she had fallen on the ice. A bruise was found on her face and forearm in that case. Neither the client history nor physical assessment revealed impairment that could have caused frequent falls. Observing a pattern, the physiotherapist suspects domestic abuse.

#### Domestic abuse

- Crosses cultures, ages, sexes and socioeconomic groups.
- Can take many forms: e.g. physical, emotional, verbal and sexual etc.

#### Warning signs of possible domestic abuse

- The story of how the person was injured does not correspond to the injuries presented.
- Inconsistencies in the story.
- Unusual delay between the time of injury and when help is sought out.
- The client may minimize the response to serious injury.
- Repeated visits to health providers.
- Injuries may be anywhere on the body. There may be signs of multiple injuries at various stages of healing.
- Client may not come alone and partner may answer for the client during assessment and treatment.

#### Asking the question

- Create a private place to have the conversation. It is critical that the possible abuser is not in the room with the client.
- Normalize the question (some health care authorities have a policy of screening all clients for possible domestic abuse).  
“Because violence is common in people’s lives, we have begun asking all our clients about abuse.”

#### When to report suspected abuse

- Suspected child abuse (under 19 years of age) **MUST** be reported.
- There is no legal requirement on citizens at large to report suspected abuse of a competent adult in British Columbia. Reporting without client consent is a breach of confidentiality.
- There is a legal duty upon a “designated agency” (regional health board) to report to the police if it has reason to believe that a criminal offence has been committed against an adult about whom a report has been made under section 46 of the Adult Guardianship Act.

As a concerned citizen you may wish to report that you have information that an adult patient of yours is being deliberately mistreated if that patient is unable to seek help on their own. The Adult Guardianship Act contains provisions regarding the reporting of the abuse of an adult where the adult cannot seek help on their own because of a physical disability, restraint, or an illness, disease or other condition (such as a dementia, or stroke) that affects their ability to make decisions about the abuse or neglect.

#### Supporting the person who discloses

- Ask the client if he/she would like information about where to go for help.
- Support the client in accessing appropriate qualified health professionals (e.g. family physician, psychologist, or community health team).

#### Documentation

- Documentation must be objective, and non-judgmental in nature. Be aware that a clinical record may be released at a later date if required by law, or with the permission of the patient. Does your patient consent to you recording details relating to the alleged abuse?
- Client’s records can be requested at a later date by police as independent corroborating evidence and to demonstrate patterns of abuse over time.
- Evaluate and chart whether continued physical therapy treatment is appropriate.

#### How to report suspected abuse

For a list of resources including phone numbers and where to report suspected abuse please refer to the new College Advisory Statement No. 7 – Reporting Abuse, which is included as an insert in this newsletter. The Advisory Statement is also on the College website at: <http://cptbc.org/advisorstatements.asp>

#### Reference

CPTBC Advisory Statement No.7 – Reporting Abuse, April 1, 2010.

College of Dental Surgeons of BC, Sentinel Newsletter (Summer 2009): Should you report domestic abuse? URL: [http://cdsbc.org/%7EASSETS/DOCUMENT/Sentinel\\_Summer2009.pdf](http://cdsbc.org/%7EASSETS/DOCUMENT/Sentinel_Summer2009.pdf)

*Submitted by the Patient Relations Committee*

## PRACTICE ADVICE

### Abbreviations and symbols in clinical records

Do you use abbreviations in your clinical notes? Of course, we all do. It's fast, convenient and everybody knows what these abbreviations and little squiggly lines stand for, right? Not so fast. Pretty much everything and anything in medicine is abbreviated these days so if you're not in the loop, you can go for an entire conversation without knowing what the heck the other person is talking about.

The College receives calls asking for guidance on the topic of abbreviations and it appears that there may not be as much uniformity as we like to think, particularly with symbols. Sure, we all know the basic ones; AAROM, TENS, NWB, AFO and the like. But it doesn't take much effort to find less common abbreviations in use that are at best, creative, and at worst, can get you into a lot of trouble should you find yourself in court. (SALT – Same as Last time, FF – Frequent Flyer, TMB – Too Many Birthdays). Remember, Practice Standard No.1 Clinical Records states: *“Only abbreviations which are recognizable to health professionals in your place of practice may be used.”*

The primary purpose for maintaining clinical records is to record a factual account of what happened; and clinical records contain physiotherapy professional language. This vocabulary, whether abbreviations, acronyms or symbols may not necessarily be understood by lawyers, patients or other lay people. The intent is for the contents of a chart to be understood by other people in *your* workplace if they need to carry on treatment or to interpret to others what occurred. When registrants call asking about a master list of abbreviations or symbols, the College recommends that a master list of symbols or abbreviations used in *your* workplace be maintained. This list is helpful to lawyers or patients who may request a copy of their clinical records, and it also helps with consistency of charting.

*Submitted by the Standards of Practice Sub-Committee*

## HEALTH CANADA ENDORSED IMPORTANT SAFETY INFORMATION

### Recall of NeXus I, II and III Rollators due to potential health and safety risk

Dana Douglas Inc. has initiated a voluntary recall of certain NeXus I, II and III rollators. Affected rollators may break during use, which could result in the user falling and suffering serious injury including bruising, broken bones or death.

To find out more about this recall, including which Rollators are affected, go to the Health Canada website at: [http://hc-sc.gc.ca/dhp-mps/medeff/advisories-avis/public/\\_2010/nexus\\_pc-cp-eng.php](http://hc-sc.gc.ca/dhp-mps/medeff/advisories-avis/public/_2010/nexus_pc-cp-eng.php)

## INQUIRY SUMMARIES

### Professional Misconduct

The Inquiry Committee moved to investigate a physical therapist's conduct under section 33(4)(c)(i) of the *Health Professions Act* for concerns arising from the consent form used in the physical therapist's clinic. Following an investigation into this matter the Inquiry Committee determined that based on the materials before it and concerns about possible professional misconduct under section 53 of the College's Bylaws decided under section 33(6)(c) of the *Health Professions Act* to act under section 36(1)(d) of the Act and request the physical therapist revise the clinic's consent form.

### Professional Misconduct

The College received a written complaint against a physical therapist alleging that the physical therapist's billing number was used by the company she was employed with to bill for physical therapy services that were being provided in a care facility by an unsupervised physical therapist's assistant.

Following an investigation the committee determined that, on the face of the information before it there was no basis to substantiate the allegation for the committee to take action against the physical therapist under the *Health Professions Act* for having breached the College By-Laws Professional Misconduct Sections 53(1)(f) and 53(1)(n); Standards of Practice 55(1.7) and 57(1)(a) and Practice Standard #3 – Transfer of Function. The file was closed.

### Professional Misconduct

The College received a written complaint against a physical therapist alleging that the physical therapist did not assess the complainant prior to treatment nor did the physical therapist provide him with a physical therapy service that would cure him.

Following an investigation into this matter the Inquiry Committee determined that based on the materials before it and concerns about possible professional misconduct under section 53 of the College's Bylaws there was cause to take action against the physical therapist under section 33(6)(c) of the *Health Professions Act* to act under sections 36(1)(c) and 36(1)(d) of the *Health Professions Act* and request the physical therapist consent to a reprimand for having breached the College Practice Standard Number 1 – Clinical Records and Undertake to comply fully with the College's Practice Standard Number 1 in the future.

**ARE YOU MOVING?  
CHANGING YOUR STATUS?  
CHANGING YOUR NAME?  
MAIL OR FAX COUPON TO:**

Registration Program  
College of Physical Therapists of B.C.  
302-1765 West 8th Avenue  
Vancouver, BC V6J 5C6  
Phone: (604) 730-9193  
Fax: (604) 730-9273  
Email: registration@cptbc.org

**MOVING OR CHANGING JOBS?**

Name: \_\_\_\_\_

Full: \_\_\_\_\_ Inactive: \_\_\_\_\_ Interim: \_\_\_\_\_

Effective date of change: \_\_\_\_\_

**New Home Address**

\_\_\_\_\_  
\_\_\_\_\_

Phone/Fax: \_\_\_\_\_

Email: \_\_\_\_\_

**New Business Address**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone/Fax: \_\_\_\_\_

Email: \_\_\_\_\_

**CHANGING YOUR NAME?**

Reg. No. \_\_\_\_\_

From: \_\_\_\_\_

To: \_\_\_\_\_

Attach a copy of official change of name form or marriage certificate and \$25 each for a new certificate or registration card.

**GOING INACTIVE**

**CHANGE MY REGISTRATION STATUS**

\_\_\_\_\_  
(Print Name) & (Signature)

\_\_\_\_\_  
Registration Number

I am a full registrant in good standing with the CPTBC and intend to cease practice as a physical therapist in British Columbia. If I choose inactive registration, I understand that as an inactive registrant I no longer need to carry malpractice insurance, may not work in BC as a physical therapist and **MUST** renew my registration by December 31. Please change my registration status to:

- Cancelled in good standing
- Retired
- Inactive\*

on \_\_\_\_\_ (m/d/y)

\*If you choose inactive registration, please be aware of the following:

1. You must be a full registrant to qualify for inactive status. You must request this change in writing, either with this form, with a letter to the Deputy Registrar or on your annual renewal form.
2. You **must** change to inactive registration in BC if you no longer carry malpractice insurance.
3. There is no refund in whole or part of the annual registration fee when you change status during the year.
4. Inactive registrants may not work as physical therapists in any capacity, either clinically or non-clinically **and must report practice hours on renewal of registration.**
5. Inactive registrants continue to be listed in the register, receive the newsletter and any College mailouts.
6. To change from **inactive to full** registration **at any time during the year** you must first contact the office and obtain an application package. Allow three weeks for processing. Call the Deputy Registrar if you have any questions.

### ADVERTISING RATES

The College of Physical Therapist newsletter **Update** is published three times per year (spring, summer and fall).

Contact the College for submission deadlines.

<b>Rates:</b>	\$100	up to 3¼" x 3¼"
	\$150	3¼" x 4½"
	\$200	3¼" x 8½"
	\$400	full page (black and white)

Contact the College for quotes for color ads

### WHO TO CONTACT AT THE COLLEGE

**Brenda Hudson, Registrar**

Complaints and Legislative Inquiries  
Newsletter

Email: [brenda\\_hudson@cptbc.org](mailto:brenda_hudson@cptbc.org)

**Ann Lo, Deputy Registrar**

Registration and Corporations Programs

Email: [ann\\_lo@cptbc.org](mailto:ann_lo@cptbc.org)

**Olga Nestic,**

**Quality Assurance Program Coordinator**

Quality Assurance Program

Email: [olga\\_nestic@cptbc.org](mailto:olga_nestic@cptbc.org)

**Susan Paul, Practice Advisor**

Professional Practice Committees and  
Practice Questions

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Professional Practice Programs

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Board, Legislative and Finance Committees

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**Anna Gloria, Administrative Assistant**

Registration Program

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[anna\\_gloria@cptbc.org](mailto:anna_gloria@cptbc.org)

### PLEASE ADDRESS ALL NEWSLETTER ITEMS AND QUERIES TO:

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Email: [info@cptbc.org](mailto:info@cptbc.org)

**Update** is a publication of the College of Physical Therapists of British Columbia and is intended to keep registrants informed about current professional issues.

It is published three times a year – Spring, Summer and Fall.

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