

# COLLEGE OF PHYSICAL THERAPISTS OF BRITISH COLUMBIA

## PRACTICE STANDARD

**Number 5**

**Effective: April 1, 2008**

Replaces: September 1, 2006  
December 1996

### SPINAL MANIPULATION

1. The physical therapist must obtain informed patient consent prior to performing spinal manipulation.
2. The physical therapist using spinal manipulation in practice must be able to demonstrate that they are qualified to safely and effectively perform spinal manipulations as outlined in the College of Physical Therapists of Alberta document *Spinal Manipulation Competency Profile for Physical Therapists*.<sup>1</sup>

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<sup>1</sup> College of Physical Therapists of Alberta. Spinal manipulation competency profile for physical therapists; 2008. Available at [http://www.physiotherapyalberta.ca/files/competency\\_profile\\_spinal\\_manipulation.pdf](http://www.physiotherapyalberta.ca/files/competency_profile_spinal_manipulation.pdf).

#### Additional Resources:

For information on informed consent see the *Health Care (Consent) and Care Facility (Admission) Act* at [www.qp.gov.bc.ca/statreg/stat/H/96181\\_01.htm](http://www.qp.gov.bc.ca/statreg/stat/H/96181_01.htm) and the *Infant's Act* at [www.qp.gov.bc.ca/statreg/stat/I/96223\\_01.htm](http://www.qp.gov.bc.ca/statreg/stat/I/96223_01.htm).

Manual Therapy Steering Committee of the Canadian Physiotherapy Association. Selected references on the use of cervical manipulation as a physiotherapy intervention. Toronto: Canadian Physiotherapy Association; 2005.