

Update CPTBC

FALL 2010 • VOLUME 11 ISSUE 3

IMPORTANT NOTICE

New Registration Renewal Requirement for 2011 *The online Annual Self Report has launched*

By now all registrants should have received an email message sent from CSCW Systems Corporation (CSCW) on behalf of the College, which included your username and password for the online Annual Self Report. For physical therapists planning to renew registration as full, limited, or interim registrants, completion of the Annual Self Report is a new registration renewal requirement for 2011.

If you have any questions about completion of the Annual Self Report, or if you cannot find your password information from the November 15, 2010 email (don't forget to check your 'junk' email box), please send an email to asr@cptbc.org, or call the College at 604 730 9193 for assistance.

Completing the Annual Self Report will take approximately 30 minutes. Remember, the Annual Self Report is confidential - only you see your results. The College is notified automatically when a registrant completes the Annual Self Report. If you don't have time to complete the Annual Self Report in one sitting simply click the 'save' button and return at a later date to carry on where you left off.

The 'roll out' of the Annual Self Report is going very well – within 24 hours of the passwords having been sent almost 200 physical therapists had already completed their Annual Self Report! By mid-November 1,320 registrants had completed the Annual Self Report. There have been a few questions about the Annual Self Report and we thought we would share the answers in the newsletter.

Q: The link to the Annual Self Report in the email doesn't seem to work on my computer, can you help?

A: A few physical therapists have had difficulty with the link to the Annual Self Report included in the email message with the username and password information.

If you have any difficulty accessing the Annual Self Report, please visit the College website at www.cptbc.org and click on the link to the Annual Self Report on the home page (under the heading 'Recent News').

Q: I'm not sure if I've submitted the Annual Self Report successfully?

A: The easiest way to confirm that you have successfully submitted your Annual Self Report is to log on the Annual Self Report, and go back to section 4 – 'Declaration'. If you've successfully submitted your Annual Self Report you will see the following message:

"You have now completed your 2010 Annual Self Report. You may wish to print this page for your records." You can also review your report at any time by selecting the tab marked 'Previous Reports'.

Q: Why isn't the College interested in my individual Annual Self Report results?

A: The Annual Self Report was designed as a tool to support continued competence by expanding physical therapists' knowledge and understanding of professional, legal, and

IN THIS ISSUE

Important Notice	1
Call For Nominations	2
Holiday Season Office Hours ...	3
Notice of AGM	3
Registration Report	3
Registration Status	3
Use of Osteopath	4
New Supervision Plan Template ..	4
PCE Examiners	4
AFCI Courses	4
Patient Relations Corner	4
Volunteering	5
Inquiry Summaries	6
Are You Moving?.....	7
Changing Your Name	7
Going Inactive	7
Who To Contact at the College	8

ethical obligations. Completion of the Annual Self Report is intended to be a learning experience for physical therapists, in a confidential setting. The College will receive notification that a physical therapist has completed the Annual Self Report, however, only you see the results of your Annual Self Report.

Q: Where can I provide feedback to the College about the Annual Self Report?

A: You are encouraged to select the tab in the Annual Self Report marked 'Feedback' to answer the questions listed, and to provide your comments. Even if you've already submitted your Annual Self Report you can login to complete the feedback form at any time until January 1, 2011. Remember that the Annual Self Report is confidential, meaning that any comments provided with the Annual Self Report will be provided to the College, by CSCW, in an anonymous format.

Q: I'm an inactive registrant; can I look at the Annual Self Report even though completion is not required for inactive registrants?

A: Yes, all inactive registrants were sent an email from CSCW on behalf of the College, with their login information. You are welcome to complete the Annual Self Report, however, completion of the Annual Self Report is not required if you intend to renew as an inactive registrant in 2011. If you intend to renew as a full registrant for 2011, completion of the Annual Self Report is required.

Q: The twelve self quiz questions about College regulation aren't relevant to my area of physical therapy practice, do I still need to answer them?

A: Yes, the self quiz questions must be answered regardless of your practice area. With almost 3000 practicing physical therapists in BC, and a sample of 12 self quiz questions, not all practice areas will be reflected in any given year. The sample of self quiz questions (and practice areas) will vary from year to year. The self quiz topics are representative of the most common questions the College receives from physical therapists, as well as the common topics in College complaints. The 'correct' answers to the questions are provided upon completion of the Annual Self Report.

CALL FOR NOMINATIONS

Are you interested in making a valuable contribution to your profession?

Do you want to gain experience into professional health regulation issues, including registration, inquiry, discipline, quality assurance, patient relations, legislation and finance?

Are you interested in learning more about the *Health Professions Act* and the College's Bylaws and in gaining some insight into the legal process?

If so, now is the time to consider serving on the College's Board.

NOMINATIONS ARE NOW OPEN for three Board positions, each to be elected for a two-year term.

The College Board has a total of nine members: six are physical therapists elected by the College's registrants and three are public representatives appointed by the Ministry of Health. A physical therapy student representative from the University of British Columbia Department of Physical Therapy also attends the meetings.

Board members are expected to attend all Board meetings and to serve on one or more College Committees. Board meetings are held at least five times a year, usually on a Saturday, in Vancouver. Some committee meetings occur around the same time as Board meetings to facilitate travel for out of town members.

Full registrants from all parts of the province, who practice either in the public or private sector, are encouraged to accept nominations for the three upcoming vacancies on the Board.

For further information about this opportunity contact the College Nominations Committee c/o the Registrar at brenda_hudson@cptbc.org or 604 730 9193. Nomination forms can be obtained from the College office by contacting Sue at 604 730 9193 or susan_fawcett@cptbc.org

DEADLINE FOR NOMINATIONS: 4 P.M. PST March 3, 2011

OFFICE HOURS DURING THE HOLIDAY SEASON

The office will maintain
REGULAR OFFICE HOURS
8:30 a.m. to 4:30 p.m.
on

Friday, December 24th
Wednesday, December 29th
Thursday, December 30th
Friday, December 31st

The office will be CLOSED on
December 27th, December 28th and
January 3rd, 2011

NOTICE OF 2011 ANNUAL GENERAL MEETING AND EDUCATION PROGRAM

The College of Physical Therapists of BC and the
Physiotherapy Association of BC Joint Initiative
Committee invite you to save the date:

Saturday, April 2, 2010

at the

Marriott Vancouver Pinnacle

1128 Hastings Street West

Vancouver, BC

REGISTRATION REPORT

Annual Registration Renewals – Deadline January 1, 2011

The College's Bylaws require the annual renewal of registration of all full, limited, interim and inactive registrants and the cancellation of registration when renewal does not take place. **If your registration is cancelled due to failure to renew, you must not work as a Physical Therapist in British Columbia.** You may apply to have your registration reinstated by submitting the completed renewal form, proof of malpractice liability insurance and the reinstatement fee within one year of cancellation.

We have re-formatted our online system this year so that it is very simple and user-friendly. Please ensure we have your valid email address. You will receive an email reminder and your login information from the Registrar in late November.

Your login password can also be retrieved through the "Request Password" function on the website. You will need to know your registration number for that purpose and if you forget your registration number, you can look it up by using the online Registrant Directory that can be found under the "Public" tab at the top of the web page.

For those who choose to pay your registration fee by cheque, you may either mail the cheque to the College office, drop it off at the office or in the drop box located at the front entrance of the building.

If you require assistance using the online renewal system, call the College at 604 730 9193 or email at info@cptbc.org

ARE YOU CHANGING YOUR REGISTRATION STATUS TO INACTIVE THIS YEAR?

You should learn more about inactive registration before you change your registration status during online renewal. A full article on the pros and cons of changing status can be found in the Fall 2009 Newsletter. You may view the article online at www.cptbc.org/pdf/NewsLetters/Fall2009.pdf or you may request an electronic copy by emailing ann_lo@cptbc.org You are encouraged to contact the Deputy Registrar at 604 730 9193 before making any registration changes.

USE OF THE TITLE “OSTEOPATH”

Did you know that the titles “Osteopath” and “Osteopathic physician” are reserved titles for registrants of the College of Physicians and Surgeons of British Columbia? These titles are restricted for use by those registrants regulated under the Medical Practitioners Regulations of the *Health Professions Act*. Unless you hold a valid osteopathic licensure with the College of Physicians and Surgeons of BC, please note an improper use of these reserved titles may result in contravention of the legislation.

NEW SUPERVISION PLAN TEMPLATE

The supervision plan template for interim registration has been updated. It is available on the College website in both Word and PDF formats. Some of the new features of the template include:

- New section for collecting employment information in accordance with the Canadian Institute for Health Information (CIHI) requirements;
- Clarification on the maximum number of worksites and supervisors for interim registrants;
- New section for interim registrants who wish to practice dry needling during the term of their interim registration;
- New declaration statements on conflict of interest.

Starting in the new year, only supervision plans in the new template will be accepted. Feedback is welcomed and you may direct all of your questions and concerns to the Deputy Registrar, Ann Lo at ann_lo@cptbc.org

CALLING FOR PHYSIOTHERAPY COMPETENCY EXAMINATION (PCE) EXAMINERS

The Canadian Alliance of Physiotherapy Regulators is looking for examiners for the PCE clinical exams, which are scheduled on Saturday June 4, 2011 and Sunday November 20, 2011. If you are interested, you may download the application form on the College website under “Recent News”. Please fax the form to the Alliance at 416.234.8820 or mail it to The Alliance, 1243 Islington Avenue, Suite 501, Toronto, Ontario M8X 1Y9.

DRY NEEDLING EDUCATIONAL REQUIREMENTS - NEW AFCI COURSE FORMAT

The Acupuncture Foundation of Canada Institute (AFCI) has recently re-formatted their Level 1 (Part 1, 2A, and 3A) course. The College has been advised by AFCI that the new format covers all of the content previously provided in the Level 1 course. In order to meet the educational requirements set out in College Practice Standard No. 10 – Dry Needling for Physiotherapists, registrants will be required to complete the AFCI Certificate of Anatomical Acupuncture courses (AA1- Foundations of Anatomical Acupuncture and AA2 – Clinical Applications in Anatomical Acupuncture) and examinations. **The requirement to successfully complete the courses AND the associated written and practical examinations before practicing dry needling techniques on patients remains unchanged.**

You can review Practice Standard No. 10 – Dry Needling for Physical Therapists at: <http://cptbc.org/pdf/PracticeStandards/PracticeStandards10.pdf>

PATIENT RELATIONS CORNER

Dating a patient? What are the rules?

The mandate of the Patient Relations Committee is to seek to prevent professional misconduct which includes sexual misconduct, unethical conduct, infamous conduct and conduct unbecoming a member of the health profession. Thus, an important element of the program is to inform and educate College registrants.

Members of the BC Health Regulatory Organization’s Working Group hosted an education session with speaker Dr. Glen Gabbard, an expert on boundaries, sexual misconduct and professionalism. It was discussed that it is important for physical therapists to be vigilant in establishing and maintaining professional boundaries and when in doubt to seek guidance from the College Practice Standards, and /or College staff. Below is a scenario which highlights risks and professional vulnerabilities which, in certain situations, can contribute to overstepping professional boundaries.

Over the next year the newsletter will feature scenarios which demonstrate a gradual slide from boundary blurring to crossing. Often these scenarios progress in a seemingly ‘harmless’ fashion...until a boundary has been crossed, and in retrospect, the slippery slope becomes evident. Have a look at the first scenario.

Scenario 1: Sexual Relationship with a Patient

You are sexually attracted to one of your patients. While still having treatment you meet at a social function and it becomes obvious that your patient is flirting with you. A casual “date” is set up with a group of friends. You think this might not be appropriate but you are new to the community and would like to develop a social relationship with this group so you accept, not wanting to offend. Also you decide since the treatment is for a hand injury and the sessions should be terminating soon there will be no harm.

The date takes on a very intimate tone from the start. Your patient opens up about what a wonderful person you are compared to previous partners. Your patient tells you that you embody all the traits that he/she has been looking for in a partner. You are also smitten but after several hot and passionate dates your colleague makes a comment that makes you question whether it’s appropriate to be dating your patient. You immediately cool the romantic relationship. To your surprise a complaint is made to the College stating that you had an inappropriate sexual relationship with your patient.

Question: What were the risk factors that lead to this situation?

- Social isolation - wanting to fit into a new community, making a decision you wouldn’t otherwise have made - to go on a date with a patient.
- Not being knowledgeable about the College Bylaw definition of Sexual Misconduct.
- Not being knowledgeable about the College Practice Standard on Professional Misconduct, and the College Code of Ethics.
- Failure to establish and maintain professional boundaries within the therapeutic relationship; overstepping professional boundaries.

What responsibility did the patient have in this relationship?

- None; the patient doesn’t have an ethical code- the health professional is always responsible for setting appropriate professional boundaries.

College Resources:

- College Bylaw definition of sexual misconduct; sexual misconduct includes:
 - *sexual intercourse or other forms of physical sexual relations between the registrant and the patient,*
 - *touching, of a sexual nature, of the patient by the registrant, or*
 - *behaviour or remarks of a sexual nature by the registrant towards the patient;*
- Practice Standard No. 6 Sexual Misconduct available at: <http://cptbc.org/pdf/PracticeStandards/PracticeStandards6.pdf>
- “Where’s the Line?” Professional Boundaries in a Therapeutic Relationship available at: http://cptbc.org/pdf/Where_is_my_line.pdf

In retrospect, it is apparent that if the physical therapist was aware that dating a patient would constitute sexual misconduct, and if professional boundaries had been maintained, then the response to the patient’s request for a date would have been different. Knowing what your responsibilities are as a physical therapist means that when a situation like this presents itself you will be ready to respond appropriately.

Keep an eye out for the next scenario in the winter edition of the newsletter.

Submitted by the Patient Relations Committee

INTERESTED IN VOLUNTEERING?

The Nominations Committee is seeking a physical therapist interested in representing the College on the PABC/WorkSafe BC Committee.

The committee meets in Richmond on a Friday afternoon approximately twice per year. Income replacement and travel expenses are paid by the College.

Interested physical therapists can send their résumé to the Nominations Committee c/o the Registrar at brenda_hudson@cptbc.org

INQUIRY SUMMARIES

Professional Misconduct – Billing

The College received notification from the Criminal Justice Branch Ministry of Attorney General that the physical therapist has been charged with fraud in excess of five thousand dollars contrary to Section 380(1)(a) of the Criminal Code.

The allegation is that the physical therapist billed third party providers using her provider number for services provided by an unregulated person.

The Committee thoroughly reviewed all the evidence before it. On the basis of the decision of Crown Counsel to a Stay of Proceedings there was, on the face of the information before it, no reason for the Committee to take action against the physical therapist under the *Health Professions Act* for breaching the College Bylaws Sections:

53(1)(n) - Professional Misconduct - submitting an account or charge for services that the registrant knows is false or misleading;

55(2.2) - Standards of Practice - Responsibilities to Society - Physical therapists must comply with the business practice standards outlined in the bylaws and not compromise professional judgment and integrity with motives of profit and personal advancement;

55(3.2) - Standards of Practice - Responsibilities to the Profession - Physical therapists must conduct themselves in a manner as to merit the respect of society for the profession and its registrants; and

57(1)(a) - Standards of Practice - Business Practice Standards - A registrant must not charge fees for services which have not been provided. The file was closed.

Professional Misconduct & Exacerbation of Injury

The College received a written complaint against a physical therapist alleging that the physical therapist was not competent in providing physical therapy treatment to the complainant. The complainant also alleges that the physical therapist was unprofessional in her conduct and that the complainant did not receive an unbiased evaluation.

Following an investigation into this matter the Inquiry Committee determined that based on the materials before it and concerns about possible professional misconduct under section 53 of the College's Bylaws there was cause to take action against the physical therapist under section 33(6)(c) of the *Health Professions Act* to act under sections 36(1)(c) of the *Health Professions Act* and request the physical therapist consent to a reprimand for having breached Practice Standard #8 - Conflict of Interest, paragraph three (3) "The physical therapist's professional duty is owed to the client, regardless of who pays for the physical therapy.

BCHS GROUP BENEFITS PROGRAM

Underwritten by Blue Cross
& BC Life

BC Health Services

Providing excellence in Group Benefits
for over 20 years

- ◆ **Extended Health Care** We offer a range of programs for budget conscious clients with 4 or more employees. Illustrated is the Essential Benefits Plan.
- ◆ **Dental Care**
- ◆ **Basic Life**

Total Monthly Premium Cost

Single: \$75.89: Couple: \$141.01: Family: \$158.63

Extended Health:

70% reimbursement (100% for Out of Country Emergency); Paramedical Practitioner; Vision Care; Prescription Drugs etc.

Dental:

80% Basic Services; 50% Major Restorative; no deductible; combined annual maximum for Basic & Major Restorative of \$2,000.

Basic Life: \$10,000 Basic Group Life coverage.

Ask us for testimonials from satisfied clients.
Visit our website at www.bchs.bc.ca and Cathy
Witney's profile on LinkedIn.

Contact Cathy Witney at 604 488 0600 x 5328
1 866 335 1182, or email cwitney@bchs.bc.ca

OFFICE SPACE FOR LEASE in a MEDICAL/DENTAL BUILDING in the heart of EAST VANCOUVER

Ex-physiotherapy clinic space for lease.
9 GPs in the building.

743 sq. feet on the ground level floor with full
length of windows.

This space has been used as a physio clinic
for the past 30 years.

Suits all health care related uses.

Available January 1, 2011.

Rent: \$1200/month, other expenses \$1070/month
#100-2620 Commercial Drive, Vancouver, BC

Pls contact Ben Lee @ 604-733 0132
or e-mail @ angelaben@shaw.ca

**ARE YOU MOVING?
CHANGING YOUR STATUS?
CHANGING YOUR NAME?
MAIL OR FAX COUPON TO:**

Registration Program
College of Physical Therapists of B.C.
302-1765 West 8th Avenue
Vancouver, BC V6J 5C6
Phone: (604) 730-9193
Fax: (604) 730-9273
Email: registration@cptbc.org

MOVING OR CHANGING JOBS?

Name: _____

Full: _____ Inactive: _____ Interim: _____

Effective date of change: _____

New Home Address

Phone/Fax: _____

Email: _____

New Business Address

Name: _____

Address: _____

Phone/Fax: _____

Email: _____

CHANGING YOUR NAME?

Reg. No. _____

From: _____

To: _____

Attach a copy of official change of name form or marriage certificate and \$25 each for a new certificate or registration card.

GOING INACTIVE

CHANGE MY REGISTRATION STATUS

(Print Name) & (Signature)

Registration Number

I am a full registrant in good standing with the CPTBC and intend to cease practice as a physical therapist in British Columbia. If I choose inactive registration, I understand that as an inactive registrant I no longer need to carry malpractice insurance, may not work in BC as a physical therapist and **MUST** renew my registration by December 31. Please change my registration status to:

- Cancelled in good standing
- Retired
- Inactive*

on _____ (m/d/y)

*If you choose inactive registration, please be aware of the following:

1. You must be a full registrant to qualify for inactive status. You must request this change in writing, either with this form, with a letter to the Deputy Registrar or on your annual renewal form.
2. You **must** change to inactive registration in BC if you no longer carry malpractice insurance.
3. There is no refund in whole or part of the annual registration fee when you change status during the year.
4. Inactive registrants may not work as physical therapists in any capacity, either clinically or non-clinically **and must report practice hours on renewal of registration.**
5. Inactive registrants continue to be listed in the register, receive the newsletter and any College mailouts.
6. To change from **inactive to full** registration at **any time during the year** you must first contact the office and obtain an application package. Allow three weeks for processing. Call the Deputy Registrar if you have any questions.

ADVERTISING RATES

The College of Physical Therapist newsletter **Update** is published three times per year (spring, summer and fall).

Contact the College for submission deadlines.

Rates:	\$100	up to 3¼" x 3¼"
	\$150	3¼" x 4½"
	\$200	3¼" x 8½"
	\$400	full page (black and white)

Contact the College for quotes for color ads

WHO TO CONTACT AT THE COLLEGE

Brenda Hudson, Registrar

Complaints and Legislative Inquiries
Newsletter

Email: brenda_hudson@cptbc.org

Ann Lo, Deputy Registrar

Registration and Corporations Programs

Email: ann_lo@cptbc.org

Olga Nestic,

Quality Assurance Program Coordinator

Quality Assurance Program

Email: olga_nestic@cptbc.org

Susan Paul, Practice Advisor

Professional Practice Committees and
Practice Questions

Email: susan_paul@cptbc.org

Susan Fawcett, Administrative Assistant

Professional Practice Programs

Email: susan_fawcett@cptbc.org

Dolores Connolly, Administrative Assistant

Board, Legislative and Finance Committees

Email: dolores_connolly@cptbc.org

Anna Gloria, Administrative Assistant

Registration Program

Email: registration@cptbc.org

anna_gloria@cptbc.org

PLEASE ADDRESS ALL NEWSLETTER ITEMS AND QUERIES TO:

Newsletter Editor

College of Physical Therapists of B.C.

302-1765 West 8th Avenue, Vancouver, BC V6J 5C6

Phone: (604) 730-9193 • Fax: (604) 730-9273

Email: info@cptbc.org

Update is a publication of the College of Physical Therapists of British Columbia and is intended to keep registrants informed about current professional issues.

It is published three times a year – Spring, Summer and Fall.

PUBLISHED BY

College of Physical Therapists of BC
302 – 1765 West 8th Avenue
Vancouver, BC V6J 5C6

Phone: (604) 730-9193 • Fax: (604) 730-9273

Website: www.cptbc.org